



- Run: If you can, escape to a safe location.

  Hide/barricade: If you can't run, find a place to hide and/or barricade. Silence cell phones, lock and block doors, turn o lights.

  Fight: As a last resort, if your life is in danger, use any available objects as weapons to distract, disarm, disable and overcome the intruder.

  Assess: Look for ways to improve your situation. For example, if you are hiding and it is now safe to run, do so Call 911: If it's safe to do so, call police and give them as much information as possible.





- Remove the social is electrical.

  If safe to do so, flush the area with cold water Do not apply dressings, creams or lotions.

